

I have been practising counselling and clinical psychology for the past 30 years, with 10 years of teaching experience, including teaching Clinical Psychology to MSc and PhD students. A synopsis of my experience includes:

- **Experience in Neuropsychology tests and therapy: O log, Cog log, RBANS, MoCA, ACE, BATCH, WAIS and GOAT**
- **Working in an eating disorders rehabilitation unit of 18 patients since July 25 - Feb 26**
- **Working with rehabilitation and complex care for a 38-inpatient adult ward with a range of Neurological conditions, including Huntington's disease, an acquired or traumatic brain injury, frontotemporal dementia or functional disorders.**
- **Teaching neuropsychology at the postgraduate level**
- **Weekly training sessions for clinical psychologists on treatment models in psychology – 15 weeks / also running 15-week counselling training courses**
- **10 years of lecturing psychology experience**
- **Teaching and Supervising Postgraduate Clinical Psychology Students**
- **30 years of experience as a Counselling Psychologist in the UK working with Children, Adolescents, Adults and Families**
- **Completed many cases of Expert Witness Psychological Report Writing since 2007**
- **Highly experienced in adolescent psychological assessments of ASD, depression, anxiety, self-harm, trauma, PTSD, Issues with abuse and social withdrawal**
- **ASD Treatment of Complex Cases**
- **177 Cases of ADOS-2 assessments completed**
- **CAMHS and Adults Acute cases assessment, treatment with Children, Adolescents, Adults and Families**
- **Strong knowledge and qualifications in therapeutic interventions using a systemic, CBT/DBT and PBS framework**
- **HCPC Counselling Psychologist since 19/01/2012 - (reg no. PYL27706)**
- **Doctor of Psychology**

As a kind, loving extrovert, married for 35 years with 3 grown-up children, I have 9 years of teaching experience and have worked for 28 years as a practitioner counselling psychologist, treating adolescents and families suffering from:

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|----------------------------|-----------------------------|--|
| - ASD | - Acute Depression | - frontotemporal dementia disorders |
| - Panic Anxiety | - Self-harm | - functional disorders |
| - Trauma and PTSD | - Issues with abuse | - Schizophrenia |
| - Social withdrawal | - Huntington disease | - depression |

I have been doing Expert Psychological reports since 2007. Through my experience, I have developed a wide range of skills for working with adolescents both within and outside their families. Such a dynamic, evolving, and loving experience of aiming to help young, vulnerable, and adult individuals and their families has shown how swiftly one can reach the joy of helping people reach their full potential and a happier mental state and lifestyle. For example, treating a depressed adolescent with OCD to become a much healthier and a happier individual, or others having severe relationship difficulties with parents, treated through therapy, or another gang member to become a working professional. I have learned to handle this transition and the extremely delicate phase of human development with care and diligence.

Education and Training

From	To	Name of Institution	Name and date of award/training
May 22	May 22	Compass Psychology	ADIR training
8 Jul 2021	9 Jul 2021	UCL Institute of Child Health and Great Ormond Street Hospital	3di Training Course
27 Apr 2021	30 Apr 2021	Institute of Psychiatry, Psychology and Neuroscience (IoPPN), King's College, London	ADOS-2 Training Course
Oct 2017	Mar 21	Bond Solon – London	Expert Witness Certificate - Cardiff University (Completed, final report submitted – on National register by July 21). All Bond Solon courses completed: Excellence in Report Writing; Courtroom Skills; Civil Law and Procedures; Cross-Examination Day; Family Law and Procedures
Oct 2013	May 21	Teesside University (PT)	Psychology Doctorate
Aug 20	Aug 20	CAMHS professionals	SOCA and SOVA level 3
June 19	Jun 19	DBS Enhanced Certificate	Certificate no: 001660925060
Nov 11	Nov 11	The Academy of Experts	Foundation Course in Expert Witness Report Writing
Oct 11	Dec 11	The Islamic College	Research Methods – Philosophy of Knowledge (MSc Module)
Oct 05	Jun 06	City University	Research in Counselling Psychology
Sep 96	Jan 97	City University	80 Hours Experiential Training
Oct 94	Sep 95	University College London	Research on 'Hypnotic Susceptibility and Cognition'
Oct 94	Sep 95	University College London	Basic and Intermediate courses in Hypnosis completed
Oct 92	Oct 93	Institute of Education University of London	MSc in Child Development
Oct 88	Jun 91	Liverpool John Moores University	BSc (Hons) in Applied Psychology
Oct 89	Jun 90	Liverpool John Moores University	Diploma in Counselling, Jun 90

Employment details

From	To	Job Title	Institution – Location
Mar 26	-	Counselling Psychologist (Neuropsychology – BI)	Elysium Health Care
Feb 26	Mar 26	Counselling Psychologist (Neuropsychology - Brain Injury)	Brainkind
Jul 25	Feb 26	Counselling Psychologist (Eating disorders)	Elysium Health Care
Jun 25	Jul 25	Counselling Psychologist (Personality disorders)	Elysium Health Care
Dec 24	Aug 25	Counselling Psychologist (ASD assessments and therapy)	Relate London Ltd
Oct 24	Dec 24	Counselling Psychologist (ASD online assessments)	The Owl Therapy Centre
Aug 24	Sep 24	Lead Counselling Psychologist (Neuropsychologist Post)	Queen Elizabeth Foundation Surrey
Feb 24	Aug 24	Consultant Counselling Psychologist	Expert Uk
Sep 23	Feb 24	Consultant Counselling Psychologist – Lead Psychologist	Priory Hospital Hemel Hempstead
Nov 23	Nov 23	Consultant Counselling Psychologist (Brain Injury Rehabilitation Unit)	Active Care Group, London
Sep 23	-	ADOS Practitioner	Psychiatry UK- Help U
May 23	Aug 23	Counselling Psychologist	Priory Hospital Roehampton
Mar 23	May 23	Principal Counselling Psychologist	Priory Hospital North London
Sep 22	Mar 23	Senior Lecturer in Clinical Psychology	Pardis University
May 22	Mar 23	Principle Counselling Psychologist, Neurodevelopmental Lead	NELFT – CAMHS – B&D
Feb 22	May 22	ADOS Practitioner	Clinical Partners
May 21	Feb 22	CAMHS/ADOS Practitioner	NELFT – CAMHS – HAVERINGS
May 21	Feb 22	Psychological Expert Witness Report Assessor	Carter Brown
Dec 09	May 21	Adult/Family Counselling Psychologist	Relate London Ltd
Jan 09	Dec 09	Psychology Workshop	Maida Vale School – London – Voluntary
Sep 02	Apr 06	Lecturer in Psychology / Student Development Officer	College of North West London / ICAS

Dr Alireza Moafi

HCPC Counselling Psychologist, Psych D MSc AFBPs MAE

Relate London Ltd, ; T: 07958 592 638;

info@mindexpert.co.uk (drmoafi@gmail.com) ; www.mindexpert.co.uk

Jan 96	Jun 96	Lecturer in Social Psychology	University of Greenwich
Oct 94	Jun 95	Assistant Lecturer/Researcher	University College London
Oct 93	Feb 95	Lecturer in Psychology (Social/Counselling)	University of Luton
Jun 93	Aug 95	Volunteer counsellor	Camden and Islington Bereavement Services

CPD

Title of the CPD	Date	Presenter	Organisation
Perfectionism	May 2023	Benjamin Terry (CBT Therapist)-Priory Hospital	Priory Hospital
Dialectical Behaviour Therapy	May 2023	Seyfullah Karacan – Priory Hospital	Expert UK Ltd
EMDR	June 2023	Dr Akbari	Expert UK Ltd
Self-Harm Prevention	July 2023	Dr A Moafi	Priory Hospital
Psychodynamic Psychotherapy	Aug 2023	Dr Nowruzi	Expert UK Ltd

Clinical Supervision

Clinical Supervision	Supervisor	Date	Duration
Clinical Supervision	Dr Sarfaraz Jeraj, HCPC Clinical Psychologist	20/05/2023	45 Minutes
Clinical Supervision	Dr Sarfaraz Jeraj, HCPC Clinical Psychologist	27/05/2023	45 Minutes
Clinical Supervision	Dr Sarfaraz Jeraj, HCPC Clinical Psychologist	10/06/2023	45 Minutes
Clinical Supervision	Dr Sarfaraz Jeraj, HCPC Clinical Psychologist	24/06/2023	45 Minutes
Clinical Supervision	Dr Sarfaraz Jeraj, HCPC Clinical Psychologist	08/07/2023	45 Minutes

Responsibilities undertaken to date include:

- Undertake high quality assessments of people who are identified as having a significant mental illness who may require assessments, formulations, interventions and potentially a referral to secondary mental health services.
- Providing effective care, treatment and interventions to clients, having a case route for urgent cases.
- To facilitate timely referrals into Secondary Mental Health services, IAPT, Barking and Dagenham IAPT Services.
- Provide care and treatment to clients and their carers with a service that is culturally sensitive and gives due consideration to any special needs and ensure these are of the highest standard in terms of fair access, equality of opportunity and anti-discriminatory practice.
- Design individual programmes of care collaboratively with service users to maximize stage-management and social inclusion and reflect their own goals and aspirations. Review and adjust plans according to changing service user needs.
- To undertake regular and thorough risk assessment for each service user you support.
- Where appropriate, provide evidence-based, CBT, brief psychological interventions to service users.
- Provide service users and their carers with clear, jargon free information which will assist them in making informed decisions about their treatment and care.
- Maintain clear, comprehensive and contemporaneous clinical records on all patients in response to personally generated clinical observations, in accordance with professional standards and Trust policies.
- To be highly skilled at managing and containing challenging behaviours of service user and/or their family members at times of distress and crisis.
- To participate in the recruitment of new staff.
- Lead and collaborate in the local delivery of evidence-based clinical developments and NICE guidelines. Set, monitor and ensure maintenance of standards of care.

Professional Development:

- To participate in professional supervision
- To participate in training opportunities in line with trauma informed service development
- To develop expertise in therapeutic interventions under supervision
- Opportunity to develop skills in offering consultation and training to Clinical Psychologists
- Opportunity to work with, be trained in and be supervised using different clinical models encapsulating Trauma Informed Care, such as CBT, Structured Clinical Management with a focus on mentalization, DIT informed interventions and systemic therapy with both families and systems.
- Opportunities to develop skills in facilitating reflective practice.

Communication:

- To develop and maintain effective links between care co-ordinators and other colleagues.

Governance Responsibilities:

- Undertake incident reporting in line with NHS protocols.

- Awareness of relevant local policy and procedures for NHS.
- Ensure Electronic Clinical Records are maintained and updated

People (HR) Management:

- Contribute towards the development of effective training plans and lead on team building, when requested, as part of the change management process, to promote an open, honest, supportive, and forward and outward looking working environment, facilitating new ideas, suggestions or debate in relation to the service requirements.
- Participate in recruitment, selection and interviewing staff and undertake the induction of new staff.
- To take responsibility for receiving regular supervision in accordance with Trust policy.
- Carry out delegated appraisals.
- Participate in the formulation and implementation of protocols and procedures for the delivery of care for urgent cases.
- Undertake clinical audit.
- Facilitate service user and carer involvement in the ongoing development and evaluation of the service.
- Supervise qualified staff.

Information Management:

- To maintain accurate and timely electronic patient records using local systems, i.e. RIO.

Professional Memberships

- Health & Care Professions Council (PYL27706)
- Associate Fellow Member of the British Psychological Society (1992)
- The Academy of Experts (2008)

Expert Witness Reports Instructed by:

- Carter Brown Jul 2021
- Marks & Marks Solicitors, 18 Peterborough Road, Harrow, Middlesex, HA1 2BQ-Apr 21
- Jein Solicitors, 9 Lee High Road, London, SE13 5LD – Mar 2021
- Ms Palwasha, AA Immigration Lawyers, 6th Floor, First Central 200, 2 Lakeside Drive, London, NW10 7FQ – Feb 2021
- JMW Solicitors LLP, 1 Byrom Place, Springfields, Manchester, M3 3HG – 26 Nov 20
- JD Spicer & Co Solicitors, Temple Bar House, 23/28 Fleet Street, London EC4Y 1AA
- Jein Solicitors, 9 Lee High Road, London, SE13 5LD – Oct 2011
- MRLAWS solicitors, 180 Mitcham Road, Tooting, London SW17 9LJ; 25/05/2011
- Cornerstones Solicitors, 76 Wood Street, London E17 3HX - 2010
- Jein Solicitors, 9 Lee High Road, London, SE13 5LD - 2010
- AA First Ltd, London – Feb 2011
- Embassy of the IR Iran, London - 6 reports - 2009
- Private individual instructions since 2008

Publication

- Exploring Expert Opinion on the Content of Expert Witness Psychological Reports: Follow-up of Ireland's (2012) Findings and Recommendations (Doctorate thesis) – May 2021
- Moafi, A.R., (2009) (Unpublished) Trends in Psychological Expert Witness Reports: Article Review
- Bazarhafteh 2008, Recent Developments in Brain Chemicals, part 1, Persian Weekly, Vol 396 Nov 2008*
- Bazarhafteh 2008, Recent Developments in Brain Chemicals, part 2, Persian Weekly, Vol 395 Nov 2008*
- Bazarhafteh 2008, Recent Developments in Brain Chemicals, part 3, Persian Weekly, Vol 394 Nov 2008*
- Alzubaidi, A., Baluch, B., & Moafi, A.R. (1995). Attitude Towards the Mentally Disabled in a Non-Western Society. *Journal of Social Behaviour and Personality*, 1995, Vol. 10, No.4. 933-938.
- Moafi, A.R. (1993). An Investigation of Self Concept in Prematurely Born 6 Year Old Children. Dissertation Submitted in
- Partial Fulfillment of The Requirements for The Degree of MSc in Child Development. Institute of Education, University of London Moafi, A. R. (1991) Effects of Mood and Meaning of Words on Reaction Time: Testing The "Attentional Bias" Hypothesis. Third Year Degree Dissertation. Liverpool John Moores University

- Moafi A R (2008) Understanding Youth by Identifying Patterns of Brain Development During Adolescence. The Psychological Problems and Challenges facing Muslim Youth in the West, 6th Religion and Mental Health Seminar. 6th April 2008. ICE London
- Counselling Psychology Services Workshops: Annual Spring Family 3 day Workshops Mar1999 – Mar 2009

Seminar Presentations:

Moafi A R (2008) Understanding Youth by Identifying Patterns of Brain Development During Adolescence. The Psychological Problems and Challenges facing Muslim Youth in the West, 6th Religion and Mental Health Seminar. 6th April 2008. ICE-London

Workshops and Talks

- Group family therapy, Sep 20 – Apr 21
- Maida Vale School, Oct 2011 – Jan 2011 workshops and talks on Emotional Intelligence
- Moafi AR (2010) Depression, Anxiety and Self-Esteem, causes and treatments – ppt presentation at the IAS – London
- Moafi AR (2010) The Role of Emotional Intelligence in Relationship Communication
- Bi-weekly psychology workshops at the Maida Vale School, Jan 09 – Jun 09
- Annual workshops at Iranian Family Festivals since 1999. UK
- Counselling Psychology Services Workshops: Annual Spring Family 3-day Workshops, Mar 1999 – Mar 2009
- Bi-weekly psychology workshops at the Maida Vale School, Jan 09 – Jun 09

Media Experience

- BBC Persian – Psychology of Street Violence – 02 Nov 2010
- BBC Breakfast – Interview on Nick Van Bloss – Tourettes 28.04.09
- Interviewed by the radio for the Queen's 50th Jubilee Anniversary
- Guest on the Kilroy Programme as a Counselling Psychologist
- IRIB tv, Insight Programme, Muslim Youth Identity development in the West
- Sahar tv Psychology and Religion interview Nov 08
- IRIB tv, Hamgam Ba Iranian, as a Counselling Psychologist